## SEPTEMBER SIBSESSION

Saturday, September 15, 2018

11:00 a.m. to 2:00 p.m.

## Barber National Institute – Cafeteria 100 Barber Place, Erie, PA

(Please enter through gated parking lot on East 3rd Street)

Join us for swimming, lunch, games, crafts and informal sharing time!

Make your reservations at 878-5961 before September 14, 2018 for this *free* event by calling Diane in Family Support Services.

Please call Samantha Gaton at 878-4117 if you have any further questions.

"Sib-Sessions" is a series of nine support group meetings for persons ages 5 to their 16<sup>th</sup> birthday who have a brother or sister with an intellectual disability. Brothers and sisters of individuals with intellectual disabilities are sometimes caught between the outside world and the world at home. To help balance life between the two, and to provide a supportive setting for the expression of feelings and the development of new friendships, Family Support Services offers this sibling service. Time together includes lunch and may include games, crafts and sharing time along with swimming as scheduled. The sessions are offered free of charge and are designed to encourage the expression of feelings and concerns, as well as the positive aspects of having an affected sibling.

"Sponsored in part by the Erie County Dept. of Human Services"

